

PARTICIPATION OBJECTIVE, PARTICIPATION SUBJECTIVE (POPS)

In this interview, we will review activities that you do in your home and community. As you know, everyone is different in the activities they do, what they like (or don't like) to do, and the effect of different activities on their overall satisfaction with life. In the questions I ask you, keep in mind that by asking questions about various activities, I am not implying that they are things you like to do or feel are important. We just want to get a sense of your day-to-day life and what is or what is not important in your daily living.

1. First, we will review your participation in household activities.

- In a typical week, do you do **all, most, some** or **none** of the...(read each activity in turn)...in your household? (CIRCLE each response in Current Activity Level column. NA = NOT APPLICABLE; DK = DON'T KNOW/REMEMBER.)
- Would you say the **amount** that you engage in...(read each activity)...is satisfactory to you? Or would you like to be doing more or less than you are doing now? (CIRCLE response in Desired Activity Level column.)
- How **important** is...(read each activity in turn)...to your satisfaction with life? Would you say it is one of the most important things to you, very important, moderately important, a little bit important or not at all important to how you feel about your life?

	Current Activity Level →						Desired Activity Level →					How Important ↓						
	All	Most	Some	None	NA	DK	More	Less	Same	NA	DK	Most	Very	Mod	Lit	Not	NA	DK
1 Shopping for groceries/drugs/ other necessities [a-d]	3	2	1	0		9	1	2	3		9	4	3	2	1	0		9
2 Preparing meals, cooking [a-d]	3	2	1	0		9	1	2	3		9	4	3	2	1	0		9
3 Cleaning the house [a-d]	3	2	1	0		9	1	2	3		9	4	3	2	1	0		9
4 Caring for and supervising children/dependent adults [a-d]	3	2	1	0	7	9	1	2	3	7	9	4	3	2	1	0	7	9
5 Making social arrangements; get-togethers/parties [a-c]	3	2	1	0		9	1	2	3		9	4	3	2	1	0		9
6 Paying bills, balancing the checkbook, banking [a-d]	3	2	1	0		9	1	2	3		9	4	3	2	1	0		9
7 Doing home repairs [a,d]	3	2	1	0		9	1	2	3		9	4	3	2	1	0		9
8 Doing yard work	3	2	1	0	7	9	1	2	3	7	9	4	3	2	1	0	7	9

Participation Objective, Participation Subjective

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After many items, letters in brackets refer to the instruments/questionnaires from which the item (or similar) was drawn. The key to these notations is provided on the next page.

2. • In a typical day [week/month], how many **hours** do you...(name the activity)...(use D, W, M as cues for the time frame for the activity. Record the number of hours and "fill in" the D, W or M circle to indicate the time.)
- Would you say the **amount** that you...(name the activity)...is satisfactory to you? Or would you like to be doing more or less than now?
- How **important** is...(read each activity in turn)...to your satisfaction with life? Would you say it is one of the most important things to you, very important, moderately important, a little bit important or not at all important to **how you feel about your life**?

	Current Activity Level →					Desired Activity Level →				How Important ↓					
	Hours	per:	day	wk	mo	More	Less	Same	DK	Most	Very	Mod	Lit	Not	DK
9 Work for pay W [a-c,e]			o	o	o	1	2	3	9	4	3	2	1	0	9
10 Go to school/ training program, study W [a-c,e]			o	o	o	1	2	3	9	4	3	2	1	0	9
11 Do volunteer work M [a-c,e]			o	o	o	1	2	3	9	4	3	2	1	0	9
12 Drive or ride in a car D			o	o	o	1	2	3	9	4	3	2	1	0	9
13 Ride in buses/ taxis/ other public transport D			o	o	o	1	2	3	9	4	3	2	1	0	9

Instruments from which POPS items (as noted after many) were drawn:

- Quality of Life Interview and Health Interview (QOLI & HI)*. (1994, 1995). New York: RTC on Community Integration of Individuals with TBI, Mount Sinai School of Medicine.
- Whiteneck, G.G., Johnston, M.V., Gordon, W.A., & Lehmkuhl, D. (1992). *Community Re-entry Questionnaire (CRQ)*. Unpublished.
- Community Integration Questionnaire (CIQ)*. [Willer, B., Rosenthal, M., Kreutzer, J., Gordon, W.A., & Rempel, R. (1993). Assessment of community integration following rehabilitation for traumatic brain injury. *Journal of Head Trauma Rehabilitation*, **8**, 75-87.
- Quality of Life Questionnaire*. [Bigelow, D.A., Gareau, M.J., & Young, D.J. (1992). A quality of life interview. *Psychosocial Rehabilitation Journal*, **14**, 94-98.]
- Craig Handicap and Reporting Technique (CHART)*. [Whiteneck, G.G., Charlifue, S.W., Gerhart, K.A., Overholser, J.D., & Richardson, G.N. (1992). Quantifying handicap: A new measure of long-term rehabilitation outcomes. *Archives of Physical Medicine and Rehabilitation*, **73**, 519-526.]

3. • In a typical day [week/month], how many **times** do you...*(name the activity)*...
- Would you say the **amount** that you...*(name the activity)*...is satisfactory to you? Or would you like to be doing more or less than now?
- How **important** is...*(read each activity in turn)*...to your satisfaction with life? Would you say it is one of the most important things to you, very important, moderately important, a little bit important or not at all important to **how you feel about your life**?

	Current Activity Level →				Desired Activity Level →				How Important ↓						
	Times	per:	day	wk	mo	More	Less	Same	DK	Most	Very	Mod	Lit	Not	DK
14 Socialize with friends, by phone or at home W [a,e]			o	o	o	1	2	3	9	4	3	2	1	0	9
15 Socialize with relatives, by phone or at home W [a,e]			o	o	o	1	2	3	9	4	3	2	1	0	9
16 Socialize with school mates / co-workers etc. by phone or at home W [a,d,e]			o	o	o	1	2	3	9	4	3	2	1	0	9
17 Go out to visit friends/family, social events and occasions W [a-d]			o	o	o	1	2	3	9	4	3	2	1	0	9
18 Engage in sex M			o	o	o	1	2	3	9	4	3	2	1	0	9
19 Go to places where you might meet new people W [a,d]			o	o	o	1	2	3	9	4	3	2	1	0	9
20 Speak with your neighbors W [a,d]			o	o	o	1	2	3	9	4	3	2	1	0	9
21 Start a conversation or speak with strangers (for example, order a meal or ask for directions) W [a,e]			o	o	o	1	2	3	9	4	3	2	1	0	9
22 Go to the movies M [a,c-e]			o	o	o	1	2	3	9	4	3	2	1	0	9
23 Eat in restaurants W [a,c]			o	o	o	1	2	3	9	4	3	2	1	0	9
24 Go shopping M [a,c,d]			o	o	o	1	2	3	9	4	3	2	1	0	9
25 Attend religious services or church social events W			o	o	o	1	2	3	9	4	3	2	1	0	9
26 Attend sports events as a spectator M			o	o	o	1	2	3	9	4	3	2	1	0	9