

# Patient Competency Rating (Patient's Form)

Source: Prigatano, G. P. and Others (1986). *Neuropsychological Rehabilitation After Brain Injury*. Baltimore: Johns Hopkins University Press.

## Identifying Information

Patient's Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Instructions

The following is a questionnaire that asks you to judge your ability to do a variety of very practical skills. Some of the questions may not apply directly to things you often do, but you are asked to complete each question as if it were something you "had to do." On each question, you should judge how easy or difficult a particular activity is for you and mark the appropriate space.

## Competency Rating

1	2	3	4	5
Can't do	Very difficult to do	Can do with some difficulty	Fairly easy to do	Can do with ease

- \_\_\_\_\_ 1. How much of a problem do I have in preparing my own meals?
- \_\_\_\_\_ 2. How much of a problem do I have in dressing myself?
- \_\_\_\_\_ 3. How much of a problem do I have in taking care of my personal hygiene?
- \_\_\_\_\_ 4. How much of a problem do I have in washing the dishes?
- \_\_\_\_\_ 5. How much of a problem do I have in doing the laundry?
- \_\_\_\_\_ 6. How much of a problem do I have in taking care of my finances?
- \_\_\_\_\_ 7. How much of a problem do I have in keeping appointments on time?

1  
Can't do

2  
Very difficult  
to do

3  
Can do with  
some difficulty

4  
Fairly easy  
to do

5  
Can do with  
ease

- \_\_\_\_\_ 8. How much of a problem do I have in starting conversation in a group?
- \_\_\_\_\_ 9. How much of a problem do I have in staying involved in work activities even when bored or tired?
- \_\_\_\_\_ 10. How much of a problem do I have in remembering what I had for dinner last night?
- \_\_\_\_\_ 11. How much of a problem do I have in remembering names of people I see often?
- \_\_\_\_\_ 12. How much of a problem do I have in remembering my daily schedule?
- \_\_\_\_\_ 13. How much of a problem do I have in remembering important things I must do?
- \_\_\_\_\_ 14. How much of a problem would I have driving a car if I had to?
- \_\_\_\_\_ 15. How much of a problem do I have in getting help when I'm confused?
- \_\_\_\_\_ 16. How much of a problem do I have in adjusting to unexpected changes?
- \_\_\_\_\_ 17. How much of a problem do I have in handling arguments with people I know well?
- \_\_\_\_\_ 18. How much of a problem do I have in accepting criticism from other people?
- \_\_\_\_\_ 19. How much of a problem do I have in controlling crying?
- \_\_\_\_\_ 20. How much of a problem do I have in acting appropriately when I'm around friends?
- \_\_\_\_\_ 21. How much of a problem do I have in showing affection to people?
- \_\_\_\_\_ 22. How much of a problem do I have in participating in group activities?

1  
Can't do

2  
Very difficult  
to do

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some difficulty

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to do

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ease

- \_\_\_\_\_ 23. How much of a problem do I have in recognizing when something I say or do has upset someone else?
- \_\_\_\_\_ 24. How much of a problem do I have in scheduling daily activities?
- \_\_\_\_\_ 25. How much of a problem do I have in understanding new instructions?
- \_\_\_\_\_ 26. How much of a problem do I have in consistently meeting my daily responsibilities?
- \_\_\_\_\_ 27. How much of a problem do I have in controlling my temper when something upsets me?
- \_\_\_\_\_ 28. How much of a problem do I have in keeping from being depressed?
- \_\_\_\_\_ 29. How much of a problem do I have in keeping my emotions from affecting my ability to go about the day's activities?
- \_\_\_\_\_ 30. How much of a problem do I have in controlling my laughter?